

Academic Year 2018/2019

Ealing Council
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Height and weight checks for children in Reception and Year 6

Every year in England, children in Reception and Year 6 have their height and weight measured as part of the National Child Measurement Programme (NCMP). Your child's class will take part in this year's measurement programme.

The NCMP provides information to help build an understanding of national and local trends in child weight. It is important to have a good understanding of how children are growing. The checks are carried out by trained healthcare staff from the school nursing service. Children are measured fully clothed, except for their coats and shoes, in a private space away from other pupils.

The information collected includes your child's height and weight measurements together with their name, date of birth, gender, home address and postcode, NHS Number and ethnicity. This information is needed because their age, gender, ethnicity and the place they live are known to affect their height and weight. Their name, date of birth and NHS Number is needed to link your child's measurements to other information about your child. All this information is treated confidentially and held securely by us. It will not be shared with your child's school or with other children.

Once completed, we will send you your child's measurements together with information about healthy eating, being active and related activities available in your area; this may also include where applicable details of the **One You Ealing ALFIE (Active Living Fun Food In Ealing) programme**; a fun, interactive and helpful way to help children aged 5–13 years, parents and the whole family manage their weight. **For more information or if you are concerned about your child's weight please call us on 020 8354 8032 or email oneyouealing@nhs.net.**

What happens to your child's data

The information collected from all schools in the area will be gathered together and held securely by the London Borough of Ealing/Local Authority and the Central London Community Healthcare NHS Trust. We will store your child's information on their local child health record on the child health information database. No individual measurements will be given to school staff or other children, and all information will be treated confidentially.

All the information collected about your child will be sent by us to NHS Digital. NHS Digital is responsible for collecting health and care information to check how the NHS and social care services are doing, and to use this to improve the care provided to people across England. The information collected about your child will also be shared by NHS Digital with Public Health England but in a de-personalised form only. This means Public Health England will not be able to identify your child. Public Health England is responsible for working to protect and improve the nation's health.

Both NHS Digital and Public Health England will use the information from the National Child Measurement Programme to better understand numbers and trends in child weight and body mass index (BMI). This helps with the planning of services to support healthy lifestyles in your area. No information will ever be published by NHS Digital or Public Health England that identifies your child.

If your child was previously measured for the National Child Measurement Programme, NHS Digital may link your child's current and previous height and weight measurements. It may also link their measurements with other information it holds about your child such as their dental survey results or the reasons for any visits they may have made to hospital. Linking your child's information in this way helps better understand how and why the weight status of children is changing.

De-personalised information from the National Child Measurement Programme may also be shared by NHS Digital with other organisations, such as universities. This is to help improve health, care and services through research and planning. This information cannot be used to identify your child, and NHS Digital only ever shares information for research with the approval of an independent group of experts.

The programme's data are used within the local authority and NHS to help plan the provision of services and advice to support healthy weight and lifestyles in the area.

Withdrawing your child from the National Child Measurement Programme

If you are happy for your child to be measured, you do not need to do anything.

If you do not want your child's height and weight to be checked, please let us know using the contact details listed below: School Nursing Team: Central London Community Healthcare NHS Trust, clcht.ealingschoolnurseteam@nhs.net,
School Nurse Admin Hub: 0208 102 5888

Children will not be made to take part on the day if they do not want to.

Further information

Further information about the National Child Measurement Programme can be found at <https://www.nhs.uk/live-well/healthy-weight/national-child-measurement-programme>

Information and fun ideas to help your kids stay healthy can be found at <https://www.nhs.uk/change4life>

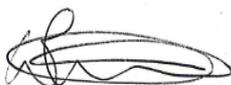
Information about how the London Borough of Ealing and the Central London Community Healthcare NHS Trust collect and use information can be found at https://www.ealing.gov.uk/info/201123/your_child_at_school/710/schools_privacy_notice and <https://www.clch.nhs.uk/about-us/clchs-privacy-statement>

Information about how NHS Digital and Public Health England collect and use information can be found at <https://digital.nhs.uk/about-nhs-digital/our-work/keeping-patient-data-safe/how-we-look-after-your-health-and-care-information>

And <https://www.gov.uk/government/organisations/public-health-england/about/personal-information-charter>

Information about the organisations NHS Digital has shared information from the National Child Measurement Programme can be found at <https://digital.nhs.uk/services/national-child-measurement-programme>

Yours faithfully



Wendy Meredith
Interim Director of Public Health
London Borough of Ealing



Janet Lewis
Director of Children's Services
Central London Community
Healthcare NHS Trust

