

## SETTLING IN - PREPARING YOUR CHILD FOR RECEPTION

- **Get to know other children coming to Reception**

Talk to your child about getting to know more children and making new friends.

- **Be enthusiastic about school**

Your child will be influenced by your attitude, if you are positive about school, your child will be too.

- **Talk to your child about what to expect at school**

Answer any questions they might have, and talk to them about staff, other children, the school day. (story ideas overleaf)

Staff - RC Mrs Coleman & Mrs Majithia, RF Mrs Finnerty & Mrs Mellon, RH Miss Hossami & Mrs Muja.

- **Involve your child in preparing for school**

e.g. buying uniform, school bookbag, PE kit.

- **Encourage your child to be independent and to express their needs verbally**

e.g. dressing, tidying up toys and belongings, self-help skills (toilet, washing hands, blowing nose) feelings and emotions, resolving conflicts with other children.

- **Be honest with your child**

Remember to say 'Goodbye' to your child and remind them of any changes to pick up arrangements before you leave.

- **Allow plenty of time**

Punctuality in coming to and from school is essential in order for the child to feel settled and secure.

- **Be prepared for changes in your child**

The school day is a long day, and your child is likely to be feeling a mixture of emotions and tiredness. Take time to talk to them about the school day, and to reassure them.

- **Regular attendance enables your child to become used to the routines and faces at school**

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### Books about Starting School

Starting School - Janet & Allan Ahlberg

Spot Goes to School - Eric Hill

Lucy and Tom go to School - Shirley Hughes



Harry and the Dinosaurs go to School - Ian Whybrow & Adrian Reynolds

Billy and the Big New School - Catherine & Laurence Anholt

Dililah Darling is in the Classroom - Jeanne Willis & Rosie Reeve

### Playdough Recipe

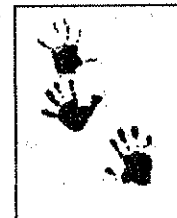
8oz salt

1lb plain flour

8 teaspoons cream of tartar

1½ pints water - including approx. 2floz food colouring

4 tablespoons oil (sunflower is fine)



Mix the salt, flour and cream of tartar in a large saucepan.

Mix ½ pint water, 4 tablespoons of oil and mix well.

Slowly add remaining 1pt water stirring to make a smooth mixture.

Heat gently stirring all the time until the mixture comes away from the sides of the pan and there is no liquid left.

Turn out onto a wooden block.

Knead the dough as it cools.

Store in an airtight plastic bag or container.

If you have time to make more than 1 colour everyone has fun mixing the doughs to make new colours.